STUDENTS: WHATTO DO

IN THE EVENT OF SYMPTOMS, A POSITIVE TEST OR CONTACT WITH A PERSON INFECTED BY COVID-19

lam showing clinical signs ("cold", cough, fever)

lam a high-risk contact case*: (I am not vaccinated or not fully vaccinated)

lam a moderate-risk contact case* (I am fully vaccinated)





- I will self-isolate.
- I will seek medical advice from my doctor or from the University health centre and I will comply with any recommendations given to me.
- I will inform the academic unit and my course supervisor in order to explain my absence.
- I will report my situation by completing the reporting form: signalementcovid.univ-lemans.fr.

- I will take a test immediately.
- I am not required to self-isolate until the result of the test. I can therefore continue to come to the University to pursue my studies in person but I must wear a surgical mask and limit my social interactions.
- I will report my situation by completing the reporting form: signalementcovid.univ-lemans.fr.
- I will monitor my situation and I will take a test immediately if symptoms appear.











If my test is negative:

• I will add my test result to my reporting form: signalementcovid.univ-lemans.fr.





- I will add my test result to my reporting form: signalementcovid.univ-lemans.fr.
- I will inform the academic unit and my course supervisor in order to explain my absence.
- The health centre and I will draw up the list of at-risk contacts in the University.
- I will be called by the health insurance provider, to whom I will provide details of my contacts (those in the University and those outside). The health insurance provider will then call these people, to tell them what steps to take.

If my test is negative:

- I will add my test result to my reporting form: signalementcovid.univ-lemans.fr.
- I am not required to self-isolate. I can therefore continue to come to the University to pursue my studies in person but I must wear a surgical mask and limit my social interactions.
- I will take a new test on the 7th day following the last contact with the confirmed case or the 17th day if I live under the same roof as the confirmed case.
- If my new test is negative and there are no **symptoms**, I can end the extra precautions.

My self-isolation:

- If I have symptoms: I will only end my self-isolation after medical advice.
- If I live with a person who has Covid-19: | will continue to self-isolate and I will take a new test on the 17th day. If my new test is negative I will end my self-isolation.
- If I am an at-risk contact: I will continue to self-isolate and I will take a new test on the 7th day following the last contact with the confirmed case.
- If my new test is negative I will end my selfisolation. If I have not taken a test on the 7th day, I will continue to self-isolate until the 14th day.

My self-isolation:

- If I have symptoms: I will self-isolate for 10 days from the onset of the symptoms. I will end my selfisolation 10 days after the date of the onset of the symptoms, if I no longer have a fever.
- If I don't have symptoms: I will self-isolate for 10 days from the date of the sample.



What is an "at-risk" contact?

Anyone who has had direct contact with a confirmed or probable case in one of the following situations, without effective protective measure(s) (mask worn by the case person and the contact person, protective screen or plexiglass):

- Student or teacher in the same class or the same group,
- Student, teacher or any person:
- who has had direct contact with a case person, face to face within 2 metres, regardless of how long (conversation, meal, coffee break, etc.). On the other hand, people who pass each other in public areas in a fleeting way are not considered as at-risk contact persons;
- who has administered or received healthcare (such as hygiene actions or treatment);
- who has shared an indoor area (office, meeting room, personal vehicle, etc.) for at least 15 minutes with a case person, or who has remained face to face with a case person when several episodes of coughing or sneezing occurred.

Two types of contact case can be identified:

- high-risk contact case: any person who has not been vaccinated, or who is not fully vaccinated, or with severe immunosuppression.
- moderate-risk contact case: any fully-vaccinated person, without severe immunosuppression.



