# STUDENTS: WHATTO DO

## IN THE EVENT OF SYMPTOMS, A POSITIVE TEST OR CONTACT WITH A PERSON INFECTED BY COVID-19

lam showing clinical signs ("cold", cough, fever)

lam a high-risk contact case\*: (I am not vaccinated or not fully vaccinated)

lam a moderate-risk contact case\* (I am fully vaccinated)





- I will self-isolate.
- I will seek medical advice from my doctor or from the University health centre and I will comply with any recommendations given to me.
- I will inform the academic unit and my course supervisor in order to explain my absence.
- I will report my situation by completing the reporting form: signalementcovid.univ-lemans.fr.

- I will take a test immediately.
- I am not required to self-isolate until the result of the test. I can therefore continue to come to the University to pursue my studies in person but I must wear a surgical mask and limit my social interactions.
- I will report my situation by completing the reporting form: signalementcovid.univ-lemans.fr.
- I will monitor my situation and I will take a test immediately if symptoms appear.











#### If my test is negative:

• I will add my test result to my reporting form: signalementcovid.univ-lemans.fr.





- I will add my test result to my reporting form: signalementcovid.univ-lemans.fr.
- I will inform the academic unit and my course supervisor in order to explain my absence.
- The health centre and I will draw up the list of at-risk contacts in the University.
- I will be called by the health insurance provider, to whom I will provide details of my contacts (those in the University and those outside). The health insurance provider will then call these people, to tell them what steps to take.

#### If my test is negative:

- I will add my test result to my reporting form: signalementcovid.univ-lemans.fr.
- I am not required to self-isolate. I can therefore continue to come to the University to pursue my studies in person but I must wear a surgical mask and limit my social interactions.
- I will take a new test on the 7th day following the last contact with the confirmed case or the 17th day if I live under the same roof as the confirmed case.
- If my new test is negative and there are no **symptoms**, I can end the extra precautions.

#### My self-isolation:

- If I have symptoms: I will only end my self-isolation after medical advice.
- If I live with a person who has Covid-19: | will continue to self-isolate and I will take a new test on the 17th day. If my new test is negative I will end my self-isolation.
- If I am an at-risk contact: I will continue to self-isolate and I will take a new test on the 7th day following the last contact with the confirmed case.
- If my new test is negative I will end my selfisolation. If I have not taken a test on the 7th day, I will continue to self-isolate until the 14th day.

#### My self-isolation:

- If I have symptoms: I will self-isolate for 10 days from the onset of the symptoms. I will end my selfisolation 10 days after the date of the onset of the symptoms, if I no longer have a fever.
- If I don't have symptoms: I will self-isolate for 10 days from the date of the sample.



### What is an "at-risk" contact?

Anyone who has had direct contact with a confirmed or probable case in one of the following situations, without effective protective measure(s) (mask worn by the case person and the contact person, protective screen or plexiglass):

- Student or teacher in the same class or the same group,
- Student, teacher or any person:
- who has had direct contact with a case person, face to face within 2 metres, regardless of how long (conversation, meal, coffee break, etc.). On the other hand, people who pass each other in public areas in a fleeting way are not considered as at-risk contact persons;
- who has administered or received healthcare (such as hygiene actions or treatment);
- who has shared an indoor area (office, meeting room, personal vehicle, etc.) for at least 15 minutes with a case person, or who has remained face to face with a case person when several episodes of coughing or sneezing occurred.

Two types of contact case can be identified:

- high-risk contact case: any person who has not been vaccinated, or who is not fully vaccinated, or with severe immunosuppression.
- moderate-risk contact case: any fully-vaccinated person, without severe immunosuppression.



